

Field Visit at Hospital of Mental Health, Shahibaug

Coordinated by

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On Monday, April 08, 2019, 21 students of Psychology Minor Batch '16 visited the Hospital of Mental Health, Shahibaug, Ahmedabad, from 10:00 a.m. to 12:30 p.m. IST. This brief but intensive field trip provided first hand practical insight into the workings of a mental hospital and the day-to-day activities of mental health professionals including but not limited to psychiatrists, clinical psychologists, occupational therapists, psychiatric nurses, mental health social workers and psychometrists to name a few. The major objective of the field trip was to get students to relate their classroom knowledge of symptoms and treatments of mental disorders to the real-world setting, observing similarities as well as discrepancies.

Other than observing patients with common disorders like schizophrenia spectrum, bipolar, addiction, neuroses, etc. they also got a chance to observe the medico-legal, emergency, out-patient, IQ assessment and occupational health departments in action. Fortunately they got an opportunity to observe live cases of patients being diagnosed via the ICD-10 as well.

