

SLS MIRROR

October-December'18

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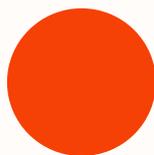
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LET'S TALK



"The highest education is that which does not merely give us information, but makes our life in harmony with all existence," and so said Rabindranath Tagore.

The School of Liberal Studies (SLS) under Pandit Deendayal Petroleum University (PDP) in Gandhinagar believes just that. It has been active in organizing various activities that pertain to sharing of knowledge, training and overall development of students. In order to chronicle those activities, SLS Mirror, the institute's very own newsletter is back this month. The current edition of the newsletter covers the activities and the success stories of all SLS stakeholders for the period between October 2018 and December 2018.

The magazine has been broadly divided into three sections. The first section highlights the key activities of SLS. Some of the notable reports include 'Women Inclusivity and Mobility', 'Legal Provision on Women Empowerment', 'Collaboration between PDP and EBS Business and Law University', 'Workshop on UGC-NET', and 'Career Opportunities at Valparaiso University, Indiana'.

The second section covers the activities organized by the various departments of SLS. The Department of Economics organized a number of events for education and training purposes. Some of the key events were 'Arthsamvad VI & VII' and 'SPSS Workshop'.

The Psychology Department organized a series of events. A panel discussion for the 'Wellbeing of the Youth' and an expert talk on the 'Transformation Mind-Based Hypnotherapy' were among the interesting events which captured a lot of interest amongst the students of Psychology. An expert talk on 'Forensic Psychology' and 'Psychotherapy' was also organized by the department.

The Mass Communication area of the Department of Language, Literature and Aesthetics organized a number of field visits for the students in order to expose them to the practicalities and business of print media and radio production under the banner of 'Transdisciplinary Idea'. The department also organized an expert lecture on understanding the business of radio.

The Department of Management organized quite a few workshops for the students of Human Resources (HR). An innovative idea of conducting a recap session for the students before the examination was conducted with rapid-fire round of questions.

The third section of the newsletter puts on record the details of achievements by the faculty members'. Dr. Chaitanya Vyas presented a research paper at the Management and Business Academy during the International Business Conference in London.

Dr. Sitakanta Mishra was conferred with the 'Bharat Vikas Award' by the Institute of Self Reliance in Bhubaneswar. Among the other notable works, Dr. Mishra also presented a paper at the National Seminar on Intellectuals' Social Responsibilities, organized by the Institute of Self Reliance at The Press Club of Odisha in Bhubaneswar.



Dr. Nausheen Nizami presented a paper at the 60th Annual Conference of the Indian Society of Labour Economics (ISLE) held at IGIDR in Mumbai. Dr. Nizami also completed a two-day-long workshop on 'Working Smart Together' conducted by Mr. John Buck.

Dr. Harmik Vaishnav was invited as a speaker and judge for various events at various reputed universities and colleges of Ahmedabad and Gandhinagar.

Dr. Ritu Sharma was invited as a guest speaker by various organizations. Dr. Sharma also contributed significantly in organizing various key events of SLS.

Mr. Sandeep Pathak presented a paper at the Library Philosophy and Practice, which is an e-journal. Mr. Pathak also presented a paper at the International Journal of Advance & Innovative Research.

The last section of the newsletter consists of the success stories of the SLS students. A number of research papers were presented by the students of SLS at various international and Indian universities.

The School of Liberal Studies has been in the forefront in grabbing the attention of the media. The images of news coverage have been added at the last part of the newsletter.

I would like to acknowledge all the students of SLS, who have coordinated with the faculty members and have developed the write-ups for various events and activities for this newsletter. I would also like to thank Niti Samani, a student of SLS 2017 Batch for her outstanding contribution in designing the newsletter. Last but not the least; I am grateful to Prof. Nigam Dave and Prof. Pradeep Mallik for their overall guidance and mentorship.

Have a great read!

Amrita Chakraborty
Lecturer, Media & Communication,
SLS, PDP.



*Key Events of the
School of Liberal Studies
(SLS)*



SEMINAR ON “A STEP TOWARDS WOMEN INCLUSIVITY & UPWARD
MOBILITY”
CELEBRATING THE 5TH YEAR OF HOLISTIC DEVELOPMENT AND WAY
FORWARD

Student Coordinators: Hiteshree Dudani (16BLS191), Rhicha Tripathi (16BLS128)

About the Event

7 Oct. 2018: Pandit Deendayal Petroleum University partnered with Wings2Fly The Foundation to organize a one-day Seminar to celebrate their successful completion of five years of service to society, specifically the rehabilitation and economic empowerment of women with a criminal past and women who have been marginalized by society by providing them with skills and practical training to become financially independent and earn a respectable living on the 7th of October, 2018 at PDPU.

Prof. Tarun Shah, Registrar, PDPU; Dr. Nigam Dave, Director, School of Liberal Studies, PDPU; Dr. Ritu Sharma, Conveners of the Seminar and Principal Investigator and Miss Neeta Khurana, Co-investigator graced the event with their presence. Hardikbhai Seth, Nayanbhai Sutaria, Dhaivat Vyas, Prashant Ajmera, Arpita Vyas and Hemali Ajmera from Wings2Fly Foundation and Rotary Club, Ahmedabad became a part of the event.

The event was attended by over 88 women from Chhara Community, other women of underprivileged group along with the members of Rotary Club and Wings2Fly The Foundation.

All the speakers spoke about their interactions and roles in the upliftment of women from various marginalized communities during the first half of the day.

Dr. Ritu Sharma and Ms. Neeta Khurana from School of Liberal Studies (SLS), Pandit Deendayal Petroleum University (PDPU) talked about their research Impact Assessment Report of Sakhi Sahay Project.

Representative from Chhara community working with Wings2Fly-The Foundation spoke about her reformative experience and how it has impacted her community at large.

A movie on the intervention and study by Wings2Fly The Foundation and Pandit Deendayal Petroleum University (PDPU) was also launched and premiered during the seminar.

After the seminar, an exhibition showcasing the skills of the women rehabilitated by Wings2Fly The Foundation was conducted. Four stalls for exhibition were set-up by the women which included:

Stall 1: Handicraft and stitching training: Display and sale of products made by them.

Stall 2: Beauty, Wellness and Life Skill training: Girls/ladies will inform attendees about the training they receive in this field with help of charts.

Stall 3: Sanitary Pad manufacturing unit: Display and sale of the sanitary pads made by the women

Stall 4: Diva Beauty Parlor and Salon: Girls working in the parlour will demonstrate their skills. For example, nail art. Display and sale of herbal products sold by the salon to generate additional income.

The guests of the event and some students from PDPU acted as the attendees of this exhibition.



The afternoon session consisted of a workshop on Personality Development and Soft Skill development training conducted by Dr. Ritu Sharma and Ms. Neeta Khurana. Through a series of short videos and interactive sessions, the women working with Wings2Fly The Foundation were taught to develop their personalities and communication skills in a manner that would facilitate their growth personally as well as professionally.

All the participants were given a certificate for being a part of this workshop.



ONE DAY SEMINAR ON LEGAL PROVISIONS FOR WOMEN'S EMPOWERMENT

Student Coordinators

Hiteshree Dudani (16BLS191), Crystal Magotra (16BLS236), Rhicha Tripathi (16BLS128)

About the Event

10 Oct. 2018: Pandit Deendayal Petroleum University (PDPU) organized a one day seminar on "Legal Provisions for Women's Empowerment" on October 10, 2018 at PDPU, sponsored by Gujarat State Commission for Women and supported by Women's Cell PDPU. Various speakers from the field of law and Gujarat State Commission for Women informed the audience about the various legal provisions provided by the Indian Constitution specifically for women.

Dignitaries Present

The Chief Guest of the event was Smt. Leelaben Ankolia- Hon. Chairperson, Gujarat State Commission for Women, Gandhinagar. The Guest of Honor was Smt. Veenaben Patel- Additional Collector & Member Secretary, Gujarat State Commission for Women, Gandhinagar, Justice Ravi R. Tripathi, Member National Law Commission and Retired High Court Judge, Ms. Vaibhavi Nanavati, an eminent Advocate of Women's Rights and Ms. Pritha Jha, a Legal Activist were the Speakers for the event. PDPU officials who shared the insight on the topic included Prof. T P Singh, Dean Student's Affairs at PDPU, Prof. Tarun Shah, Registrar, PDPU, Ms. Neeta Khurana Assistant Professor, Communication, School of Liberal Studies, Dr. Ritu Sharma, Associate Professor, Psychology, School of Liberal Studies. The Convener of Women's Cell, PDPU. Ms. Shailja Tripathi and Dr. Roshni Solanki coordinated the event.



Audience

200 Students of PDPU, International Interns and Students of MP Arts and MH Commerce College attended the seminar.



Event Highlights:

Dr. T P Singh, Dean Student's Affairs at PDPU spoke about the need to encourage girls to pursue education and become self-sufficient. He also emphasized on the need of organizing such programs on a regular basis.

The Registrar of PDPU, Prof. Tarun Shah hosted the event and urged all students to be aware of their rights.

Ms. Vaibhavi Nanavati, Advocate High Court, spoke of how we can stay safe by using the helpline 181 for Women's Safety. She also emphasized on importance of being vigilant and aware of one's constitutional human rights. She used real life stories to emphasize upon the message.

Smt. Veenaben Patel, Additional Collector & Member Secretary, Gujarat State Commission for Women gave various tricks and trips on safety. She spoke in detail about the activities of Gujarat State Commission for Women

Smt. Leelaben Ankolia- Hon. Chairperson, Gujarat State Commission for Women inspired students and shared a book on Women's Rights with students.



Ms. Pritha Jha, a legal Activist, spoke of sexual harassment of Workplace and informed of laws supporting women.

Justice Ravi R. Tripathi, Member National Law Commission and Retired High Court Judge stressed that laws alone will not help, but a shift in mentality and financial independence is required.

The conveners of the seminar Ms. Neeta Khurana and Dr. Ritu Sharma explained the meaning of empowerment and told the girl students to not just be led with their heart and use their brains but to learn to respect their own selves, live with dignity and be empowered to make a choice.

My Campus

PDPUમાં લીગલ પ્રોવિઝન ફોર વુમન એમ્પાવરમેન્ટના સેમિનારમાં
રિટા. જસ્ટિસ રવિ ત્રિપાઠીએ કહ્યું કે...



વુમન એમ્પાવરમેન્ટ માટે માત્ર લૉ હેલ્પ નહીં કરે

પીડીપીયુ ખાતે લીગલ પ્રોવિઝન ફોર વુમન એમ્પાવરમેન્ટ પર એક દિવસીય સેમિનારનું આયોજન કરવામાં આવ્યું હતું જેમાં યંગસ્ટર્સને કેવી રીતે પોતાની જાતને સુરક્ષિત રાખવી તેમજ જરૂર પડે કોની કોની મદદ મેળવવી તે અંગે માર્ગદર્શન આપવામાં આવ્યું હતું. આ પ્રસંગે ખાસ ઉપસ્થિત રહેલા નેશનલ લૉ કમિશનના જસ્ટિસ રવિ ત્રિપાઠી અને રિટાયાર્ડ જજે જણાવ્યું હતું કે માત્ર લૉ સ્ત્રીઓને એમ્પાવર કરવામાં હેલ્પ નહીં કરી શકે, તેઓને માનસિક રીતે મજબૂત બનાવવાની સાથે કાર્પોરેશનલ પક્ષ ઈન્ડિપેન્ડેન્ટ રાખવું પડે. આ પ્રસંગે ચીફ ગેસ્ટ તરીકે હાજર રહેલા વુમન કમિશનના ચેરપર્સન લીલાબેન અંકોલિયાએ સ્ટુડન્ટસને ઈન્સ્પિરેશનલ સ્પીચ આપી વુમન રાઈટની બુક શેર કરી હતી. જેમાં સ્ત્રીઓનાં હક્કો અને પ્રોવિઝન દર્શાવવામાં આવ્યાં છે. કન્વીનર ઓફ ધ સેમિનાર નીતા ખુરાના અને ડૉ. રીતુ શર્માએ સ્ટુડન્ટસને જણાવ્યું હતું કે છોકરીઓએ પોતાની જાતને રિસ્પેક્ટ આપવા માટે હૃદયને અનુસરવાને બદલે મગજથી પણ કામ લેવું જોઈએ.

સેક્સ રિસ્પેક્ટ માટે હૃદય કરતાં પોતાના મગજને અનુસરવાની જરૂર

ACADEMIC AND CAREER OPPORTUNITIES AT VALPARAISO UNIVERSITY, INDIANA, UNITED STATES

Student Coordinators: Hiteshree & Rhicha
BA Psychology Batch 2016

25 Oct. 2018: A guest talk by Dr. Marci Fradkin, Director, International outreach on the topic 'Academic and Career Opportunities with Valparaiso University, Indiana, U.S. was arranged for students of SLS PDPU, which facilitated in understanding about 2+2 study abroad and semester exchange opportunities at Valparaiso.

Seminar was attended by the students of SLS along with the faculty members.



PDPU AND EBS UNIVERSITY COLLABORATION AND INTERNATIONAL GUEST TALK ON ACADEMIC AND CAREER OPPORTUNITIES AT EBS BUSINESS SCHOOL

Student Coordinators: Rhicha Tripathi 16BLS128

Hitesh Ganwani 16BLS170

Hiteshree Dudani 16BLS191

14 Nov. 2018: A collaboration and MoU signing ceremony between Pandit Deendayal Petroleum University, Gandhinagar and EBS Business and Law University, Germany took place on November 14, 2018 at PDPU campus. Through this MoU, PDPU took the first step of collaboration with a European University. EBS University also for the first time collaborated with an Indian University for an undergraduate program. Prof. David Windsor the Associate Dean International Affairs of EBS Business and Law University arrived at PDPU in the and was given a warm welcome. Prof. Windsor was given a campus tour thereafter. He liked the PDPU campus and especially how the students cared for the animals in the campus. After a brief meeting with Prof. Nigam Dave, Dr. Ritu Sharma and the faculty members of the Management Department of SLS, Prof. Windsor gave a Guest talk to the SLS first and second year students on the academic and career opportunities at EBS Business School. He also talked about the benefits of the Dual Degree Program between PDPU and EBS. Towards the end of the session he showed a video to the students of the EBS Symposium 2018, to give the PDPU student an idea about the environments of the EBS University.

After the Guest talk Prof. Windsor along with Prof. Nigam Dave, Dr. Ritu Sharma and Dr. Ashwin Dave headed towards the Board Room. They were joined by the Director General of PDPU, Dr. C. Gopalkrishnan for the MoU signing ceremony. Prof Windsor was greeted with a bouquet by Dr. Gopalkrishnan. After the signature and photography session, a shawl was gifted to Prof. Windsor from PDPU. The day ended with a meeting between Prof. Windsor and the faculty members from the department of Management of SLS about mapping the course content. This was a memorable day for PDPU, as the varsity and the EBS University embarked on a journey together.

ONE DAY WORKSHOP ON UGC-NET EXAM PREPARATION

Student Coordinators: Shreyanshi and Sanskruti
MA (Psychology) Batch 2018

6 Dec. 2018: A one-day workshop on UGC-NET Examination was held on the 6th of December, 2018 at the School of Liberal Studies (SLS), PDU. The event was organized by Dr. Ritu Sharma and Dr. Anurag Kumar Srivastava. The resource people for the workshop were Mr. Taronish Pastakia, Ms. Vishakha Bhavsar, Mr. Murnal Patel and Dr. Venkatesh. Around thirty students participated in the workshop. The instructors used hands-on practice of selected questions, the Socratic Method of discussion and mind-maps as the teaching tools for the workshop. They also gave practical demonstrations using short-duration games, wherever applicable.

Outcome of the Event:

Often-times, when graduate students are preparing for the UGC-NET exam, due to the sheer vastness of the syllabus outlined on the UGC website, regardless of the discipline chosen, they tend to get confused about what to read. It is however, more important for them to figure out what not to read and how to manage their limited time in the most optimal manner.

After figuring out what to read and what not to, the next step in the learning outcomes is how to read. Moreover, preparing for this MCQ-based exam is different from the way one prepares for a regular descriptive conventional exam.

Most importantly, how to 'put oneself in the shoes of the examiner' is an indispensable skill to master. Striking a balance between 'hard work' and 'smart work' can be a game-changer in one's preparatory stages.

The event organizers Dr. Ritu Sharma and Dr. Anurag Kumar Srivastava closed the event with their concluding remark. Dr. Prashanta Panda, HOD Social Sciences also shared his insights with the students.





*Activities Organized by
the Various Departments
of SLS*



TALK ON 'INVESTMENT AWARENESS AND OPTIONS FOR YOUNG INVESTORS'

Rapporteur: Dhruvrajsinh Rana, SLS '15 and Tanya Desai, SLS '15

12 Oct. 2018: The Department of Social Sciences, School of Liberal Studies, organized a special talk on October 12th, 2018 on 'Investment Awareness and Options for Young Investors'. Mr. Siddharth Shah, the founder of Shalibhadra Firm - an investment and brokerage firm was the speaker of the event.

The event was primarily conducted for the students of Economics in Semester 7, 2015 Batch, (who are studying Indian Financial Systems) to connect them to real life scenarios with reference to their course curriculum. Not only did they see what they are learning come alive, but they also became well aware of the concept of 'financial investment', which is an important aspect of adulthood. The talk saw participation from students across all the four batches of SLS.

The event began with a welcome speech by Ms. Nikita Nahata, a final year student who welcomed the guest, the faculty members and the participants. Nikita gave a brief and eloquent introduction of Mr. Shah's 34 years of experience in the industry. She welcomed Dr. Prashanta Panda, the Head of Department of Social Sciences, to inaugurate the event with a welcome speech. Dr. Panda spoke briefly about what the event would entail and how it would be beneficial to the audience.



L to R – Nikita Nahata, Dr. Nausheen Nizami, Mr. Siddharth Shah, Dr. Prashanta Panda and Mr. Manoj Sahoo as Nikita introduces the speaker.



Dr. Prashanta Panda inaugurates the event and welcomes the guest

Mr. Siddharth Shah spoke about the intertwined relationship between money, spending and investment. He placed emphasis on the importance of investing and devising an investment plan, how India is a country of spenders, not investors and on how understanding spending and spending patterns is the first step of investing. He also mentioned how investing in an early stage of life-cycle gives better yields and higher savings in the future. He further cemented the statement with examples of different types of investments along with their yields with respect to various time period.

He touched upon the various investment options and explained the functionality of the options. He also delved into their benefits as well as their drawbacks. Delving into the types of mutual fund schemes, he shed light on how some of them, by their very nature, diversify as they invest in equity of companies in different sectors with different weights based on the growth potentials of the sectors.

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Mr. Siddharth Shah as he talks about saving and asks students what they should do have Rs. 1 crore.

With great importance given to diversification, the other aspect of investment he accentuated was - time. He was of the belief that if an investor is patient enough and is willing to wait, the investment will definitely give returns as the market corrects itself with highs and lows. Mr. Shah supported his statements with interesting videos and case studies.

After talking about investment options like stocks, mutual funds and the tool of Systematic Investment Planning (SIP), Mr. Shah briefly touched upon four other aspects of investments i.e. real estate, gold, fixed deposits and Public Provident Fund (PPF). Once again, he ensured that the students are made aware of both the negatives and the positives of all these investment options. He also mentioned that when one decides on starting to invest, the first steps should be investing in 'Term Insurance' and 'Mediclaime'. Upon being inducted into the world of investment, a lot of students were interested to ask questions to the expert. Mr. Shah answered to various questions and successfully clarified all conceptual doubts raised by the students. The talk was very interactive and lived up to its name as it was organized for young investors. It laid out the various options and made them easy to understand due to them being backed by various case studies, examples and numerical data!



Mr. Shah addressing a question by a participant



Economics faculty present the guest with a memento.

At the end of the session, Dr. Nausheen Nizami and Mr. Manoj Sahoo presented a memento to Mr. Siddharth Shah.



A group picture of the participants and the professors along with the speaker – Mr. Siddharth Shah at the end of a successful and informative talk.

ARTHSAMVAD - VI

SEMINAR ON RESEARCH AND CAREER PROSPECTS IN ECONOMICS

*Written By: Charvee Agarwal and Ayushi Panicker, Economics Major,
Batch BBA16*

16 Oct. 2018: A seminar on 'Research and career prospects in Economics' was organized on 16th October from 11:00 a.m. to 1:00 p.m. at PDPU campus by the Economics Area faculties of Department of Social Sciences. Dr. Tulika Tripathi, Assistant Professor at Central University, Gujarat was the guest speaker of the event. Participants were mainly from 2nd year to 4th year of BA/BBA, SLS. They learnt about the different areas of research and career opportunities across the various fields of Economics. The seminar aimed to enlighten students with the emerging areas/disciplines in the field of research in Economics and the suitable career options and opportunities in Microeconomics. The event was attended by the students of the Economics Department and was anchored by Ms. Niharika Marigoudar, Student of Economics Major from BBA16 batch.

The session began with the speech by Dr. Prashanta Panda, the Head of the Department of Social Sciences. Dr. Panda emphasized on the importance of research and the prerequisites required for a successful research. He emphasized on the importance of an open mind for the success of research. It was followed by the interactive session between the students and the speaker. The students were fascinated by different approaches to research and the exciting examples given by the speaker which led to an exciting discussion.



Dr. Tulika Tripathi interacting with Participants

The core areas of research focused upon during the session were Behavioural Economics, Health Economics, and Research on Consumer Theory, Market Conditions, Public Policy & Randomized Control Trials etc. This gave a deep insight of how economics as a discipline find its relevance in all the sectors. Talking about Career Opportunities, Ms. Tripathi focused upon a quote by Jon Gruber which states "what makes us the highest paid of the social sciences, is that we can, with very few pretty basic assumptions, explain a wide variety of phenomena in the real world." The quote itself signals that career opportunities range widely from government, corporate, NGO's, international organizations and academics.

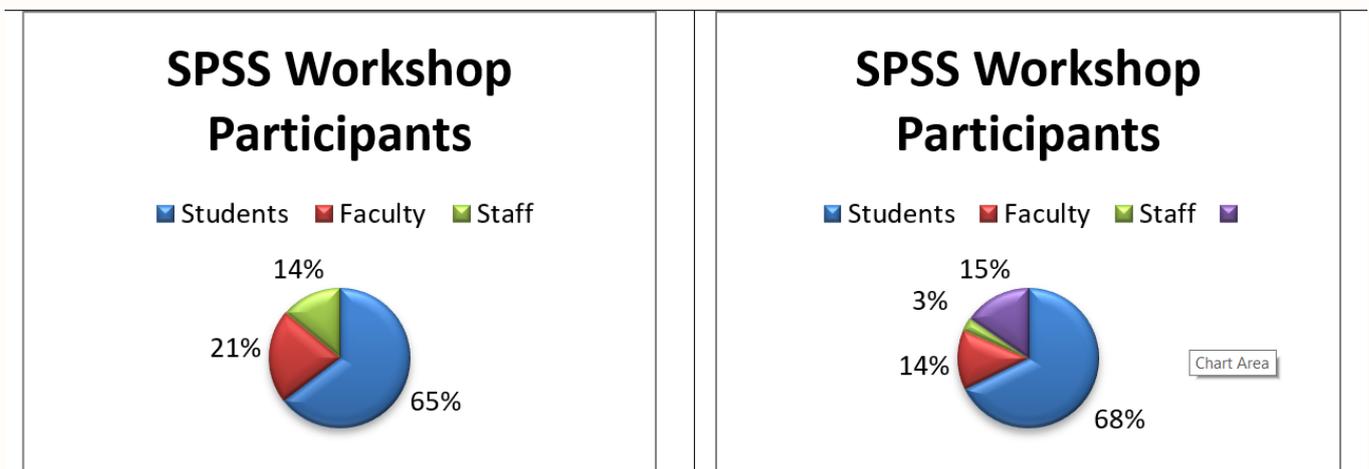


(Left to right) Dr. Nausheen Nizami, Dr. Prashanta Panda, Dr. Tulika Tripathi, Mr. Manoj Kumar Sahoo

The event was a success and students enjoyed the session while also broadening their view of Economics as a subject. The session was concluded by Dr. Panda presenting memento to Dr. Tripathi.

SPSS WORKSHOP REPORT

22-23 Oct. 2018: A training workshop on the usage of Statistical Package for Social Sciences (SPSS) software was organized on 22nd-23rd October 2018 by the Library and Information Centre and Economics Area faculty of Department of Social Sciences, School of Liberal Studies (SLS) at Block D, PDPU campus. Prof. Gaurang Rami, Professor (Economics), Veer Narmad South Gujarat University, Surat was the Resource person for the two-day workshop. The objective of the workshop was to provide intensive training on the everyday use of SPSS software for data analysis. The need for such training workshop was felt after successful procurement of this licensed software by the Library and Information Centre. The direct beneficiaries of this workshop were the researchers using empirical research, final year students writing their dissertation, students studying econometrics and statistics, students doing internally or externally funded-projects along with a number of faculty members and staff of the varsity. The workshop received an overwhelming response in terms of student and faculty participation.



The first day of the workshop began with a warm welcome by the two anchors Ms. Sudiksha Shree and Ms. Charvee Agrawal who are studying Economics Major at SLS, PDPU. The workshop started with a Welcome Address by Dr. Nigam Dave, the Dean and Director of School of Liberal Studies who welcomed and encouraged the participants to make the best use of the training workshop. Dr. Prashanta Panda, the Head of the Department of Social Sciences inaugurated the workshop with his words of motivation and welcomed Prof. Gaurang Rami. Each day was divided into four sessions. The first session began with introduction of types of data and scale of measurements. The speaker explained the importance of knowing the data type and data scale as this information is vital in selecting statistical techniques and methods for data analysis. After the interactive coffee break in the foyer area, the second session began with an introduction to SPSS software. All the participants were provided with workshop material as well as web-link to download trial version of the software in advance. This helped the participants to have a hands-on experience of the software. The speaker explained how to code and enter data and data filtration. He guided that in case of missing values, any of the following values can be used: mode, median, beta coefficients or closer moving average methods.

Cross-tabulation, chi-square test statistic and hypothesis testing was also introduced and its importance and reasoning was discussed in detail. Cramer's V was also introduced for data containing one binary variable and another non-binary.



Clock-wise: Prof Gaurang rami explaining SPSS during a session, Event banner, interactive session with participants, Group photograph and felicitation ceremony

Day 2 began with an introduction to measures of central tendency, tests of normality like Kolmogorov-Smirnov and Shapiro Wilks test. This was followed by understanding the difference between parametric and non-parametric tests. An intensive discussion on role and importance of correlation began after coffee break. The speaker introduced four methods of calculating correlation namely Karl Pearson, Spearman, Phi and Kendall's tau 'b'. Thereafter the session continued with a detailed discussion on formulation of hypothesis, application of t-test, one-way ANOVA, Mann Whitney test, Wilcoxon test, Kruskal Wallis test, KMO tests and the workshop ended with a brief discussion on Factor Analysis. The organizers of the workshop Dr. Nausheen Nizami (Economics faculty) and Mr. Sandip Pathak (Assistant Librarian) gave the vote of thanks. Dr. Panda felicitated Prof Rami with a memento. A group photograph along with all the participants and organizers was taken towards the end. The workshop ended at a memorable note as the participants shared their positive feedbacks with the resource-person and the organizers.

ARTHSAMVAD VII: A TALK ON 'CURRENCY TURMOIL IN EMERGING MARKETS'

Rapporteur: Ms Jayati Gupta, Economics Major, Batch 2015, BA (Hons.)

24 Oct. 2018: The Faculty of Economics in the Department of Social Sciences organized a talk of ArthSamvad series on a very contemporary topic of global concern 'Currency Turmoil in Emerging Markets' on 24th October, 2018 at SLS, PDP. The renowned economist Dr. Indradeep Ghosh, Associate Professor and Dean of Meghnad Desai Academy of Economics was the invited speaker of the event.

Prof. Ghosh began his talk with a discussion on Foreign exchange markets and went on to identifying a positive correlation between currencies and stock markets in emerging economies.



Left to right: Anchors Aaizaz Patel and Rima Patel, faculty Dr. Nausheen Nizami, Prof. Indradeep Ghosh, Mr Karan Shah, Prof. Prashanta Panda, Mr Manoj Sahoo

The speaker discussed that multiple forces are driving changes in the currency market. Demand for foreign currency is directly affected by imports, property purchase and sale. When domestic residents buy foreign assets or foreign residents liquidate domestic assets, the demand for foreign currency gets impacted. Similarly, exports cause a change in demand for domestic currency which is also impacted by domestic liquidating foreign assets and foreign residents buying domestic ones. Therefore, it helps conclude that domestic currency depreciation signals greater relative demand for the foreign currency. Other deeper forces that cause the Foreign exchange markets to be 'The Eye of the Storm' are macroeconomic in nature. Persistent fiscal and current account deficits are problematic individually and the worst possible combination if they occur together. International relations' factors play a vital role such as the US-China Trade war in the current scenario. Other deeper forces would include impacts from oil consumption, patterns of trade, fiscal orientation, institutional quality and domestic and international politics. The above correlation was studied with examples of emerging economies like Argentina, Turkey, India and Asian economies.



Clockwise: Welcome address by Prof. Prashanta Panda, SLS Alumni Ujas Shah's video message, Dr. Nausheen Nizami felicitating Prof. Indradeep Ghosh, Prof. Ghosh explaining the reasons and implications of currency turmoil in selected countries

The lecture concluded that currently there is a structural reform taking place in the emerging economies due to which one has been able to successfully avoid potentially disastrous situations. However, India definitely makes the list of those countries which needs to evaluate his forex policy as a wake-up call. The talk concluded with a felicitation ceremony and vote of thanks by Dr. Nausheen Nizami and presentation of mementos to the guests.

PANEL DISCUSSION ON YOUTH WELL-BEING ORGANISED BY AATMANN- THE PSYCHOLOGY CLUB

Rapporteur: The Psychology Club of PDPU

About the Event:

16 Nov. 2018: Questions are often asked as to why young people may be disengaging from education. One potential answer is related to poor mental health which is a significant barrier for young people. To help address this, Aatman (The psychology club of PDPU committee comprised of education providers, mental health professionals and a variety of community and youth service representatives), organized panel discussion on the 16th of November, 2018. The panellists for event were Dr. Ritu Sharma, Associate Professor, Psychology PDPU; Dr. Madhu Singh, Director of B.M. Institute of Mental Health and Dr. Suhas Doshi, Psychiatrist, Gujarat Institute of Psychological Research.

Dr. Ritu Sharma who is also faculty mentor of Aatman Club felicitated the panellists. The main topics/objective discussed and explained during forum were:

- To participate in an engaging, interactive and safe learning environment and to discuss and explore mental health and wellbeing issues.
- To increase students' understanding of common mental health issues and promote positive help seeking behaviours.
- To increase students' knowledge of where and how to access help regarding mental health and wellbeing issues.
- To explore and develop strategies to support students' own mental health.
- To empower and build capacity of students to support friends and family who may have, or may develop a mental health issue in the future.
- To access accurate information and resources about mental health and wellbeing issues.

In order to explain the concept in detail, the youth well-being forum was further drove with discussion on questions asked by panellists to the students. Example of few of the question would be 'What our life goals are?'; 'What does success mean to you?'; 'What causes a young person to commit suicide, or get depressed?' and the likes. Queries on career, happiness, satisfaction, love and technology were also answered. Some additional questions were, 'Do we believe that mobile phone has really reduced distance between humankind or has reduced personal interaction?' One of the questions was 'How youth well-being economically identifies that what would you do if you have five lakh rupees?'

Best answer given was that you should spend money in different areas so that you do not have to be dependent on only one source. (For example: Divide the five lakh rupees in investing on a new project and saving for personal growth/household). Students were given the opportunity to ask any questions relating to mental health from a panel of community representatives. The event was attended by more than forty students. The day was filled with positive mental health messages, resources, information, self-care along with socialising among the students.

Motive of the Event:

The overall aim of the forum is to empower young people to address mental health concerns which are being faced by the individual, their peers, family or broader community networks. Over time, these forums will contribute to a positive change in reducing the stigma associated with mental health issues and improve the overall wellbeing of young people in schools. This will be achieved by enabling the young people to personally engage with the youth mental health services available in their local area, and access information and resources related to mental health.



EXPERT TALK ON TEAM CBT: A NEW MODEL FOR PSYCHOTHERAPY

Student Coordinators: Shreyanshi and Sanskruti, MA Psychology

About the Event:

16 Nov. 2018: An expert talk on TEAM CBT: A New Model for Psychotherapy was delivered by Dr. Dipti Joshi, MA, PhD at the Schools of Liberal Studies (SLS), Pandit Deendayal Petroleum University, Gandhinagar. Dr. Joshi is a Psychologist and Cognitive Behavioural Therapist with 18 years of experience for helping patients to live happier and self-fulfilling lives. She has attended her trainings from Salford University Manchester under Dr. Andrew Beck and Feeling Good Institute California, under Dr. David Burns. She is currently a level 1 TEAM CBT therapist Certified by Feeling Good Institute. The event was conducted for students to have insights about TEAM CBT. Around thirty to forty students from Section A, B and C, Batch 2017; Psychology Major and Minor students of 2015 and 2016 along with the MA Psychology students of 2018 attended the session.

About the Guest Talk:

TEAM stands for T-Testing, E-Empathy, A- (Paradoxical) Agenda Setting and M-Methods. CBT stands for C- Cognitive, B-Behavioural and T- Therapist. T.E.A.M. includes CBT and much more. One way to think about it is to think of a small circle inside of a big circle, where the small circle would be CBT, and the big circle would be T.E.A.M.

There are two goals of T.E.A.M. Therapy. The first goal is to help you develop intimacy, confidence, and self-esteem as rapidly as possible, along with a crystal clear understanding of why you've had to struggle with these problems in the first place. This is called 'feeling better'.

The second goal is to help you master powerful relapse prevention techniques so that you won't have to struggle with months or years of despair, loneliness and self-doubt in the future. Of course, no one is entitled to feel happy all the time, and we all fall into black holes of misery from time to time. But if you have the proper tools, you can quickly climb back out of that hole and experience joy again. This is called 'getting better'.

Dr. Joshi took a very interactive and interesting session and gave information on TEAM CBT. She showed a video of Mr. Daniel Mintie's interaction with her about his opinion on TEAM CBT. After attending the session, the students were interested to know more on this topic. Dr. Ritu Sharma concluded the session by conveying vote of thanks and encouraging students to explore more on this topic through additional reading.



TRANSDISCIPLINARY IDEA

Rapporteur: Mr. Mukund Shukla

Places Visited: Divya Bhaskar Editorial Office and Dainik Bhaskar Press.

Objective: To understand Media Business and Operations

Participants: 24 students and 2 faculty members.

19 Nov. 2018: A group of 24 students of Mass Communication Department of PDU were taken for a field visit on transdisciplinary idea at Divya Bhaskar on the 19th of November, 2018. The tour was accompanied by two faculty members Mr. Mukund Shukla and Ms. Amrita Chakraborty. It was a day long visit which included lots of practical learning, exposure to newspaper editorial and publishing industry, lectures by industry experts, followed by Question and Answer Sessions.

Their day started at the Bhaskar House with an insightful session by the Chief Operating Officer, Mr. Amit Doshi, who talked about his experiences, management style, work in media business sector, Audiences Insight (from Psychological insight) and the likes. He has also inspired the students with his wise words. In the next session, the group was joined by Mr. Alok Chaitransi, Product Manager of the Editorial Department of Divya Bhaskar. He informed the students about how products are designed, how marketing takes place, his job role in the industry and even the software used for content management and finally shed light on the management perspective.

Later they visited Divya Bhaskar's Radio FM station and met Radio Jockey (RJ) Archana who motivated the students to take up Radio communication as future career prospects along with the income opportunities. This was followed by Dainik Bhaskar press visit where we were guided by the Production Head of Dainik Bhaskar. He gave a demonstration on the various stages of a newspaper printing process such as how the machines work, what kind of ink is used, how page layouts are designed and step by step procedure of printing and publishing a newspaper.

After the press tour, all were taken to a conference room where another Bhaskar production representative talked to the students regarding production economics and production innovation. He also talked about the functioning of a press from the Media and Economics perspective. The day was concluded by the question and answer session.



EXPERT TALK ON TRANCE-FORMATION MIND BASED HYPNOTHERAPY TECHNIQUES

Student Coordinators: Rimmon and Purva, MA Psychology

19 Nov. 2018: The Psychology Department of the School of Liberal Studies (SLS), Pandit Deendayal Petroleum University (PDU), organized a guest talk on hypnotherapy under the guidance of Dr. Ritu Sharma on the 19th of November, 2018. The guest talk was done for the students to have more insight about hypnotherapy as a field. Resource person for the guest talk was Ms. Rirri G. Trivedi. Ms. Trivedi is a certified Regression Therapist, Clinical Hypnotherapist and a trainer in Integrated Clinical Hypnotherapy with EKAA foundation. The audience comprised of around fifty to sixty students of BA Psychology Batch of 2016 and 2017 along with the MA Psychology students of SLS, PDU.

Hypnotherapy is a mind-based technique that primarily focuses on subconscious part of an individual on how it helps to change one's negative thought process using trance techniques and hence improving one's well-being.

The speaker Ms. Trivedi took a very interactive and interesting session which led to a lot of curiosity among the audience.

It was a successful and interactive session which helped many students to get an insight on hypnotherapy and how it was useful in an individual's life. The event concluded with a positive note along with the question and answer from the students..



EXPERT LECTURE

Written By: Mr. Mukund Shukla

20 Nov. 2018: An expert session was conducted by the Mass Communication Department of SLS, PDPU on Understanding Radio Business by Ms. Sarika, a media entrepreneur and expert in radio and Out of Home (OOH) Business. The programme was organized on 20th November, 2018.

In this session, Ms. Sarika has thrown light on the organizational structure and key departments in a radio station, the revenue earning model in a radio business, relevance and role of each department, segments of a radio show, the structure of a radio show, the IT based radio format, role of sound effects in background, and how a RJ conducts a show.

She ended her lecture by listing down the qualifications and eligibility criteria of the job roles in Radio Business, explained the technicalities used, the marketing methods employed and how the content is curated for each radio show. Some students showed interest in taking up internships in Radio business after this successful exposure to the radio industry. The lecture ended with a Question-Answer session.



KOFFEE WITH HR

22 Nov. 2018: Koffee with HR was an innovative game organized in the class of Human Resource. Questions were asked in a rapid-fire round to the students similar to the format of the famous chat show Koffee with Karan as a part of conducting the class test. The test was conducted on 22nd of November, 2018 at the SLS, PDU campus.

For this innovative quiz the students segregated the entire syllabus in the format of the show, such as 'Guess who', 'Pictionary', 'Hangman' and the likes. The quiz was a huge success as there were two aspects achieved: the revision of entire syllabus of the semester and the actual understanding of the content. The students enjoyed thoroughly and appreciated the game show.



HUMAN RESOURCE PRESENTATION COMPETITION

28 Nov. 2018: On 28th of November, 2018, a competition on presenting 'The future trends of HR' was organized for the third year HR students. As a Panel Member, Dr. Ashutosh Muduli from School of Petroleum Management attended the event. The students presented on various upcoming topics like 'Green HRM', 'The Survival Aspect of Millennial Employees' and 'Innovative Strategies for Talent Management'. The students with the best topic were awarded with certificates.



A WORKSHOP ON 'FORMULATING STRATEGIES FOR HR IN MANAGEMENT' BY DR. HEMANG DESAI

26, 28-29 Nov. 2018: A workshop on 'Formulating Strategies for HR in management' by Dr. Hemang Desai was conducted on 26th, 28th and 29th of November, 2018 for the final year HR students. The workshop was conducted by giving different strategic situations according to which, different groups of students were required to formulate solution for the HR Department. The session was highly appreciated by our students and the corporate expert was impressed by the caliber of our students as well.



INTRODUCTION TO GOVERNMENT: HOW IT WORKS AND WHAT IT DOES?

Written By: Dr. Sriram Divi

27-29 Nov. 2018: The School of Liberal Studies hosted a three day capsule course on 'Introduction to Government' from 27th November, 2018 to 29th November, 2018. The course was designed and structured with the help of an eminent faculty Mr. C.K. Koshy, Retired Additional Chief Secretary of the Government of Gujarat. The event brought together around 60 undergraduate and post-graduate students of 'Public Administration', 'Law and Governance' and 'Political Science' who extensively participated in discussions and interactive dialogue to collaboratively understand the 'how' and 'what' of government. In the direction of building up a holistic understanding of the government and its functioning, government officials and professional practitioners from the field of Urban Planning, Engineering and Governance were invited to facilitate a few sessions for the participants.

The course was introduced with the intent to impart knowledge and awareness about the role of government in today's era and its direct relation to the development of our society. The topics covered in lectures and discussions by Mr. Koshy included the understanding of the Constitution of India and the administrative relations between the union and the state, the battle of power between judiciary and the executive and debate of the generalists' v/s the specialists. These discussions helped the participants to closely relate their learning with current affairs and the experiences shared by Mr. Koshy. Experts such as Dr. Saswat Bandhopayay talked about the pressing need of governance and planning mechanisms at local level of administration for the sustainability of our cities. Mr Paresh Shah elaborately talked about the dilemma of development and ground realities they have faced during the construction of Narmada Sardar Sarovar Project. Mr. Himanshu Parekh and Dr. Ketan Gandhi gave valuable insights on the election process in India and shared their experiences about the same with us. Mr. C. S. Upadhyaya, Joint Secretary, discussed about the provisions made in Right to Information Act and Land Acquisition Act through the policy briefing as well as real life experiences.

The course concluded with presentations from participants to assess their overall learning by Dr. D Sriram and Mr. Koshy. The participants talked on topic ranging from Right to Information, Urban Sustainability, Land Acquisitions, Local Urban Bodies, Powers of Judiciary, Executive and Legislative etc. backed with a thorough review of literature and application of new theories and concepts learned from the course. Finally, certificates were distributed to all participants as a token of appreciation by Mr. Koshy, Dr. D Sriram, Prof. Nigam Dave, Dr. Pradeep Malik and Dr. Ashvin Dave.

Overall, the capsule course on 'Introduction to Government' proved to be a strong foundation for aspiring students of Public Administration and Governance who have the utmost desire to bring a change in the system and society as well-informed citizens.



EXPERT TALK ON APPLICATION OF FORENSIC PSYCHOLOGY BY DR. PROSHANTO KR. SAHA

Student Coordinators: Niddhi Gajjar, MA Psychology , SLS

19 Dec. 2018: A guest talk on 'Applications of Forensic Psychology' was organized on the 19th of December, 2018 by School of Liberal Studies (SLS), Pandit Deendayal Petroleum University, Gandhinagar. The guest speaker was Dr. Proshanto Kr. Saha, Assistant Professor at Gujarat Forensic Sciences University, Gandhinagar. His specialization is Cognitive Neuropsychology & Forensic Psychology. Research Thrust Area: Cognitive Neuroscience of Attention and Emotion, Criminal Profiling, Juvenile Problems and their Rehabilitation, EEG-ERP based Forensic Psychological Investigations and Police Psychology. The session was attended by the students of M.A. Psychology and B.A. (Honours). The session started with a very brief introduction about forensic psychology given by the speaker. Topics like eyewitness and the use and application of cognitive theory, training in forensic psychology and professional issues were also discussed. The speaker shared a few of the cases that he had researched on or had handled. He also briefed ab careers in forensic psychology and opportunities for research. The session was very interactive and the students were able to clarify many of their doubts about forensic psychology and its application. Dr. Ritu Sharma, Associate Professor Psychology conveyed vote of thanks for enlightening session which indeed gave students exposure about applications of Forensic Psychology.





Faculty Achievements



FACULTY ACHIEVEMENTS

Dr. Chaitanya Vyas

Dr. Chaitanya Vyas presented his research paper Evaluating state tourism websites using Search Engine Optimization tools, at Management and Business Academy International Business Conference on December 14-16, 2018 at Brunel University, London.



Dr. Sitakanta Mishra

October 2018

(a) Invited as a Judge SPE Fest 2018 in the event of Geology Challenge “Feud-A-Nation”, 28 October 2018, PDPU Campus.

November 2018

(b) Article Published

“The Korean Nuclear Imbroglia: Can India be a Muted Spectator?”, in Artha – Journal of Social Sciences, Vol. 17, No. 4, 2018, pp. 17-34.

(c) Book Review published

Alyssa Ayres, Our Time Has Come: How India is Making Its Place in the World (2018) in International Journal of Nuclear Security (University of Tennessee), vol. 4. No. 1, November 29, 2018

December 2018

(d) Award Received

Conferred on ‘Bharat Vikas Award’ by the Institute of Self Reliance, Bhubaneswar, Odisha, on 1 December 2018

(e) Presented paper on “Social Acceptance of Nuclear Energy in India” in the National Seminar

Intellectuals’ Social Responsibilities, organized by Institute of Self Reliance at The Press Club of Odisha, Bhubaneswar on 1 December 2018.



Dr. Harmik Vaishnav

(a) This year Dr. Harmik Vaishnav was invited as speaker in writers' round table and as judge in debate on 12th October, 2018 at 'Connaissance'. It is an annual literary and debate event of Institute of Law, Nirma University. Students from various universities across the country participate in the event. There were other writers from Ahmedabad like Raksha Bharadia, Rakhsit Pandit, Abhijeet Dandekar and Vaishakh Rathod who interacted with the faculty members and students on various aspects of literature.



(b) The students of Human Resource (HR) major and Corporate Communication minor took a certificate course on International Business Laws with and at Gujarat National Law University (GNLU) conducted from 8th to 10th October, 2018. Thirty students from both the subjects participated in the three day course. Dr. Harmik Vaishnav and Dr. Supriya Pal coordinated and conceptualized certificate workshop with the support of the Dean Extension Activities of GNLU.



(c) The School of Technology (SOT) organized an elocution competition for the UG and PG students. There were 25 finalists who were given topic on the spot to speak. Dr. Harmik Vaishnav and Dr. Nausheen Nizami were invited to judge the elocution competition which took place on 22nd November, 2018

(d) PDPU continues its extension activities in various fields. The varsity is forefront in approaching and facilitating school students for career counselling. As a part of this activity, Dr. Harmik Vaishnav visited Delhi Public School (DPS) Udaipur for presentation on career pathways and opportunities on the 5th of December, 2018. Dr. Vaishnav had an interaction with the principal, head master, teachers and students of higher secondary.



Dr. Nausheen Nizami

(a) Dr. Nausheen Nizami presented a paper on 'Impact of Automation on Employment in Information Technology Industry in India: What the Fourth Industrial Revolution Implies for the Workers?' at the 60th Annual Conference of the Indian Society of Labour Economics (ISLE) held at IGIDR, Mumbai from the 19th to 21st December, 2018. The paper generated a lot of interest among the audience owing to its current relevance and was well-received. The conference theme was 'Emerging Labour Markets and Employment Challenges'. She has recently received a sponsored invitation from Global Labour University, Berlin as well to present another research in March, 2019.



(b) Dr Nausheen Nizami successfully completed a two day workshop on 'Working Smart Together' conducted by Mr. John Buck on 30th November and 1st December 2018 and organized by Entrepreneurship Development Institute (EDI), Ahmedabad. The workshop explained the concept and importance of 'Sociocracy' at workplaces, circle meetings and how consent decision making processes can improve the work environment through live demonstrations and participant-driven activities.



Dr. Ritu Sharma

Achievements

October 2018

(a) Invited as a guest speaker by Sandesh press for a debate on #Me too movement in India on October 13, at Sandesh Press, Ahmedabad.

November 2018

(b) Invited as a Guest speaker for Corporate Employees of ITCG Solutions Pvt. Ltd, on the topic" Stress Management for Organizational Effectiveness on November 3, 2018.

(c) Qualified Stress Management Professional Certification by International Council for Stress Management Professionals, Australia on November 6, 2018 at Hyderabad.

(d) Invited as a Panel Expert for the topic Impact of Stress on Contemporary Women A Way Out.

(e) Served as Organizing Committee Member and Session Chair for 5th International Conference on Stress Management, organized in Hyderabad on 10 and 11 November, 2018.

December 2018

(f) Invited as a Guest of Honour and Jury Member for launch event of Education Icon 2018, organized by Thirtyone ventures on December 1, 2018 at Mumbai Holiday Inn.

Events

October 2018

(a) One day Seminar on Women Inclusivity & Upward Mobility on October 6, 2018 (Saturday).

(b) One day seminar on Legal Provisions for Women's Empowerment October 10, 2018.

(c) International Guest Talk on "Academic and carrier opportunities with Valparaiso University Indiana, United States." On October 25, 2018

November 2018

(d) Visit and International guest talk on Academic and Career Opportunities at EBS Germany by Prof. David Windsor Associate Dean International Affairs of EBS Business and Law University.

(e) Expert talk on TEAM CBT: A New Model for Psychotherapy on November 16, 2018.

(f) Expert talk on TRANCE-formation Mind Based Hypnotherapy Techniques on November 19, 2018.

(g) Panel Discussion on Youth wellbeing organized by Aatman club Psychology on November 16,2018.

(h) Expert talk on Applications of Forensic Psychology on November 29, 2018

December 2018

(i) One Day Workshop on UGC-NET exam preparation for MA students held on December 6, 2018.



Mr. Sandeep Pathak

(a) Title: “Disaster and Security Preparedness of Libraries in India”

Journal: Library Philosophy and Practice (e-journal), Winter 1-1-2019; ISSN: 1522-0222 (Scopus indexed journals)

<http://digitalcommons.unl.edu/libphilprac/1868>

(In APA Style) Pathak, Sandip J, (2019). Disaster and Security Preparedness of Libraries in India. Library Philosophy and Practice (e-journal), Winter 1-1-2019. ISSN: 1522-0222

(b) Title: “Analyzing The Organizational Culture Of A Nationalized Bank In India From The Generation Perspective”

Journal: International Journal of Advance & Innovative Research.

Volume 5, Issue 4 (XIII): October - December, 2018, pp 30-35 ISSN: 2394-7780 and Impact Factor 7.12

(In APA Style) Pathak, Sandip J, (2018). Analyzing The Organizational Culture Of A Nationalized Bank In India From The Generation Perspective. International Journal of Advance & Innovative Research, 5(4) (XIII), 30-35. ISSN: 2394-7780



Student's Achievements



5TH INTERNATIONAL CONFERENCE ON STRESS MANAGEMENT 2018

Student Coordinator: Hiteshree Dudani (16BLS191)

1. Crystal Magotra



Title of the paper: Worklife Balance in Employees of Public and Private Sector Banks

B.A Psychology student with a minor in Marketing, my paper was about the growing stressors in the banking industry due to the change in government policies and it's affects the work-life balance among the employees of public and private sector banks. It also includes the suggestions and improvements for the companies to promote a healthier work-life balance.

2. Hitesh Ganwani



Title of the paper: Relational Study of Entrepreneurial Talent and Academic Stress: An Indian Perspective

I am a B.B.A. Finance (Hons.) student with Psychology as minor paper. My paper proposed a theory stating that entrepreneurial talent not only helps an individual in the field, but it has a lot of other implications. Some characteristics of entrepreneurs are especially useful in other aspects of life including academia. Thus, students having higher entrepreneurial talent would have higher coping skills and thus, lower academic stress. My empirical study also found similar results.

3. Hiteshree Dudani



Title of the paper: Feminist Identity and Stress Level – An explanatory study in Indian Context.

I am a B.A. Psychology (Hons.) student with Finance as minor subject. My paper explored the ground-level scenario of the Feminist Movement in the Indian context and how it impacts the stress levels in different age groups of women in India. Since majority of the Indian society has been patriarchal, the shift towards feminism is somewhat friction causing. With the help of my research, I have found that women in the younger age groups (20-30) have more stress levels than the 50-60 years age women.

4. Riya Gadani



Title of the Paper: Stress Management at Workplace: An Exploratory Study

I am studying BA Honours in Psychology with Human Resources Management as the subject. My research paper is to find out the level of stress faced by the employees working in an organization, with the focus on the IT employees. My research also focuses on the difficulty that these employees face in order to cope up with the stress both at the workplace and at home, by maintaining the work life balance in both personal and professional front.

5. Sara Tirmizi



Title of the paper: Stress Management in Academics- Analysing the Indicators of Stress, their Coping Techniques and Methods Helpful for Stress Management.

I am studying B.A. psychology, with a minor in Public Administration. My paper was about analysing the different factors which caused stress in academic sphere and determining the productivity that the students portray along with the effects of extraneous factors upon students' academic performance.

RESEARCH PAPER PRESENTATION AT NATIONAL AND INTERNATIONAL UNIVERSITIES

1. Jui A Pimple (17PHD06, SLS)

Conference name and current location: *International Conference On Cognitive Behavioral Intervention (India)*

Paper Title: *"Stress Indicators Among College Students: A Correlational Study of Family Environment and Drinking Temptation"*



2. Ritwika Verma (16BLS236, SLS)

Conference name and current location: *5th Annual Meeting Of The Sosyoekonomi Society (Italy)*

Paper Title: *"Tackling Urban Poverty Through Decentralization"*



3. Shah Dhairya (16BLS191, SLS)

Conference name and current location: *3rd International Conference On Applied Mathematics And Computer Science (United Kingdom)*

Paper Title: *"Solution of Algebraic and Transcendental Equations Using Fuzzified He's Iteration Formula in Terms of Triangular Fuzzy Numbers"*



4. Bhavya Parikh (17PHD04, SLS)

Conference name and current location: *2nd National Media Conclave- 2018 (India)*

Paper Title: *"Development of Information and Communication Technologies in Indian Education Since Independence"*



5. Rana Dhruvrajsinh Mahendrasinh (15BLS043, SLS)

Conference name and current location: *7th Academic International Conference On Social Sciences And Humanities (United States)*

Paper Title: *"Sustainable Solid Waste Management in Ahmedabad City Gujarat India"*



6. Roma Mahendrakumar Patel (15BLS141, SLS)

Conference name and current location: *7th Academic International Conference On Social Sciences And Humanities (United States)*

Paper Title: *"Water Crisis Management; Traditional Approach: A Case Study of A Village In Sabarkantha District Of Gujarat"*



7. Hetvi Badiani (15BCO020, SLS)

Conference name and current location: *7th Acedemic International Conference On Social Sciences And Humanities (United States)*

Paper Title: *"How Successful is Pradhan Mantri Ujjwala Yojana as a Program Intended Towards Behavioral Change and Women Empowerment"*



8. Srishti Mendiratta (15BCO063, SLS)

Conference name and current location: *7th International Conference on Business, Economics, Management and Marketing(United States)*

Paper Title: *"Application of Artificial Intelligence in Banking and Financial Services"*



9. Divy Shah (16BCO073, SLS)

Conference name and current location: *7th Acedemic International Conference On Social Sciences And Humanities (United States)*

Paper Title: *"A New Theoretical Framework of Displacement of Grey Market"*

10. Madhvi Bhayani (16PhD04, SLS)

Conference name and current location: *13th International Conference on Public Administration (China)*

Paper Title: *"HealthCare Service Delivery through Public Private Partnerships: An Indian Perspective."*

11. Prathana Jesalvir Joshi (15BLS119, SLS)

Conference name and current location: *6th International Symposium on Multidisciplinary research on Social Sciences and Management Studies (Japan)*

Paper Title: *"To Study the Influence of Bollywood Movies on Youths Travel Habits and their Propensity to Try Local Cuisines."*



12. Mahima Iyer (15BLS090, SLS)

Activity: Food Blogger in Ahmedabad, Social Media Influencer on Instagram crossed 17,000 followers.

Instagram Profile: tastingwithfingers

Mahima has been Invited for a Chef's Table to review and experience 'one of a kind exclusive dining' with Celebrity Chef Vicky Ratnani at The Kettlery Cafe Ahmedabad for the introduction of their Winter Menu. She has also been Invited to attend the Master Class with Chef Ranveer Brar of MasterChef fame to cook and learn along with the Chef during the Ahmedabad Food Festival.



13. Riya Patel (SLS)

Achievement: Winner of Josh- Student Idol 2018 (Gujarat Finale), 1st Runner Up in Josh-Student Idol 2018 (India Finale)

Students of National Academy of Event Management & Development (NAEMD) organised the Grand India Finale of their Annual Inter-Collegiate Fest - JOSH 2018 Gujarat on the 18th of September, 2018 at GMDC Hall, Ahmedabad. JOSH 2018 India Finale was organised on the 5th of December, 2018 at Bal Gandharv Auditorium (Bandra) in Mumbai.

JOSH is one of the biggest inter-collegiate festival which includes many different competitions. The Student Idol competition is one of them. It is judged by some well-known celebrities and judges. Judges of India Finale included Bollywood Actor Freddy Daruwala, Fashion Choreographer Shakir Shaikh, Former Miss India Gwen Athaide, Super Model Sucheta Sharma James, International Model Surabhi Prabhu, Stylist Jeet & Urmi Chedda, Actor Joy Banerjee and Fashion Photographer Sheldon Pereira.

Student Idol is the one who represents the world of students and thus should be a super student personality rather than only a performer. The purpose of Student Idol competition is to select a male and a female student who has looks, poise, charm, personality, intelligence and can perform his/ her talent.

Riya Patel, student of SLS 16, B.A. (Hons.) who participated in JOSH- Student Idol 2018, participated in solo dance category and won the title of Student Idol 2018 Female Gujarat Finale by showcasing her skills

in Belly Dancing. She has also secured the position of 1st runner up in JOSH- Student Idol 2018 Female India Finale for the same category.

“It was a great experience for me and am glad to have had such big platform to showcase my talent. I think by participating in such competitions one can get immense boost in self-confidence and it also helps in developing a good personality. I look forward in getting more opportunities to develop my career in dancing and add more feathers on the cap of PDPU” says Riya.





Media Coverage



MEDIA CORNER

My Campus

PDPUમાં લીગલ પ્રોવિઝન ફોર વુમન એમ્પાવરમેન્ટના સેમિનારમાં રિટા. જસ્ટિસ રવિ ત્રિપાઠીએ કહ્યું કે...



વુમન એમ્પાવરમેન્ટ માટે માત્ર લૉ હેલ્પ નહીં કરે

પીડીપીયુ ખાતે લીગલ પ્રોવિઝન ફોર વુમન એમ્પાવરમેન્ટ પર એક દિવસીય સેમિનારનું આયોજન કરવામાં આવ્યું હતું જેમાં યંગસ્ટર્સને કેવી રીતે પોતાની જાતને સુરક્ષિત રાખવી તેમજ જરૂર પડે કોની કોની મદદ મેળવવી તે અંગે માર્ગદર્શન આપવામાં આવ્યું હતું. આ પ્રસંગે ખાસ ઉપસ્થિત રહેલા નેશનલ લૉ કમિશનના જસ્ટિસ રવિ ત્રિપાઠી અને રિટાયર્ડ જજ જણાવ્યું હતું કે માત્ર લૉ સીઓને એમ્પાવર કરવામાં હેલ્પ નહીં કરી શકે, તેઓને માનસિક રીતે મજબૂત બનાવવાની સાથે ફાઈનાન્સિયલી પણ ઈન્સિપેન્ડન્ટ રાખવું પડે. આ પ્રસંગે ચીફ ગેસ્ટ તરીકે હાજર રહેલા વુમન કમિશનના ચેરપર્સન લીલાબેન અંકીલિયાએ સ્ટુડન્ટ્સને ઈન્સિપેન્ડન્ટ રાખવાની વુમન સર્ઈટની ભુક શેર કરી હતી. જેમાં સ્ત્રીઓનાં હક્કો અને પ્રોવિઝન દર્શાવવામાં આવ્યાં છે. કન્વીનર ડૉ. રીતુ શર્માએ સ્ટુડન્ટ્સને જણાવ્યું હતું કે છોકરીઓએ પોતાની જાતને રિસ્પેક્ટ આપવા માટે હદયને અનુસરવાને બદલે મજબૂત બનાવવાની મજબૂતી પણ લેવું જોઈએ.

Sandesh, (12-10-18)

કલ્ચરમાં ઓવર નાઇટ ચેન્જ નહીં આવે, આપણે માઇન્ડ સેટ બદલવો પડશે



Me Too જે લડત શરૂ થઈ છે તેની અસર આપણી આવનારી પેઢી પર પડશે. આપણી આવનારી પેઢીને કેવા વેલ્યુઝ આપવા માગીએ છીએ તેમજ કેવા સમાજનું નિર્માણ કરવા ઇચ્છીએ છીએ તે ખોઈ આપણી પેઢી અનુસરશે. આજે પાવર ઓફ કલ્ચરને બદલે કલ્ચર ઓફ પાવરનું નિર્માણ થઈ રહ્યું છે. આપણને ફિડમ ઓફ એક્સ્પ્રેશનનો હક્ક તો મળી ગયો એ એની ફળશ્રુતિ છે. Me Too અંતર્ગત આપણે જે સાંભળી રહ્યાં છીએ તેનાથી આજે એક વાતની પ્રતીતિ તો થાય જ છે કે આ બધા પાછળ કોઈ નાના માણસો નહીં પરંતુ તમામ વ્હાઈટ કોલર ધારકો છે. આ કલ્ચરમાં ઓવર નાઇટ ચેન્જ નહીં આવે માઇન્ડ સેટ બદલવો પડશે. પ્રિવેન્શન ઇઝ ઓલવેઝ બેટર ધેન ક્યોર આ દિશામાં પગલાં લેવાની જરૂર છે. જો આપણે આમ નહીં કરીએ તો આપણી આવનારી પેઢી સાથે આપણે અન્યાય કરીશું.

- રિતુ શર્મા, સાયકોલોજી એન્ડ વુમન સેલ ચેર પર્સન, PDPU

Sandesh, City Life (25-10-18), Pg.No. 2

પીડીપીયુ ખાતે યોજાયો એસપીએસએસ વર્કશોપ



ગાંધીનગર તા ૨૭ ગાંધીનગરની પીડીપીયુ સર્લવન સ્કૂલ ઓફ લિબરલ સ્ટડીઝના સોશિયલ સાયન્સ ડિપાર્ટમેન્ટના લાયબ્રેરી અને ઈન્ફોર્મેશન સેન્ટર દ્વારા તાજેતરમાં સંશોધન ક્ષમતા નિર્માણ અભ્યાસના ભાગરૂપે બે દિવસીય પ્રશિક્ષક વર્કશોપનું આયોજન કરવામાં આવ્યું હતું જેમાં લાયબ્રેરી અને વર્કશોપ ડી.ઓર્ડિનેટર સંદીપ પાઠક દ્વારા સઘન માહિતી પ્રદાન કરવામાં કરવામાં આવી હતી. ખાસ કરીને પીડીપીયુ દ્વારા વસાવવામાં આવેલા એસપીએસએસ સોફ્ટવેરને કેન્દ્રમાં રાખીને આ વર્કશોપ યોજવામાં આવ્યો હતો જેમાં ડૉ. નૌશીન નિઝામીએ પણ માહિતી પ્રદાન કરી હતી.

Gandhinagar Samachar, (28-10-18)

FOR CITY COLLEGIANS, IT'S A GREEN DIWALI

FROM CLAY DIYAS, ORGANIC RANGOLI COLOURS TO NO FIRE-CRACKERS

WE USE ORGANIC COLOURS FOR RANGOLIS!

WE VISIT VARIOUS NGOs AND PLANT SAPPLINGS!

WE BANNED FIRECRACKERS IN OUR AREA!

'DIWALI CELEBRATIONS WITHOUT CRACKERS'

'MAKING HANDMADE DIYAS/CANDLES'

'GIFTING ECO-FRIENDLY DIYA AND GREEN FIRECRACKERS'

'WE USE ORGANIC COLOURS FOR RANGOLIS'

'WE VISIT VARIOUS NGOs AND PLANT SAPPLINGS'

'WE BANNED FIRECRACKERS IN OUR AREA'

'DIWALI CELEBRATIONS WITHOUT CRACKERS'

'MAKING HANDMADE DIYAS/CANDLES'

'GIFTING ECO-FRIENDLY DIYA AND GREEN FIRECRACKERS'

Times of India, (30-10-18)

પીડીપીયુના વિદ્યાર્થીઓએ બાકોર ખાતે નેચર કેમ્પનો રોમાંચ માણ્યો



ગાંધીનગર, તા. ૨૯ ગાંધીનગરની પીડીપીયુ સંલગ્ન સ્કૂલ ઓફ લિબરલ સ્ટડીઝના ઓરિટ કોર્સ ૨૦૧૮ના ભાગરૂપે એક્સપોઝર ટુ એનસીસી કાર્યક્રમ ચલાવાય છે જે અંતર્ગત વિદ્યાર્થીઓ માટે પંચમહાલ જિલ્લાના બાકોર

ખાને એડવેન્ચર કમ નેચર સ્ટડી ટ્રીપનું આયોજન કરવામાં આવ્યું હતું. બે દિવસ માટે યોજાયેલ આ ટ્રીપમાં ૪૬૦ વિદ્યાર્થીઓએ ભાગ લઈ ટ્રેકિંગ, કેમ્પિંગ, બર્ડ વોચિંગ, વનસ્પતિ અને પ્રાણી જગત અંગણ જેવી પ્રવૃત્તિઓનો આનંદ માણ્યો હતો.

ગાંધીનગરથી અંદાજે સવાસો કિલોમીટર દૂરના બાકોર ખાતે આયોજિત સ્ટડી ટ્રીપમાં વિદ્યાર્થીઓએ ચાર જુથમાં વહેંચાઈને વિવિધ પ્રવૃત્તિઓ કરી હતી. સાહસિક અને પ્રકૃતિલક્ષી પ્રવૃત્તિઓ ઉપરાંત વિદ્યાર્થીઓએ પૌરાણિક કાલેશ્વરી માતાના

મંદિરની મુલાકાત લઈ ૧૦મીથી ૧૭મી સદીના સ્થાપત્યોને નિહાળ્યા હતા. રાક્ષસી બકાસુરનું ધર તરીકે ઓળખાતા બાકોરના જંગલમાં વિદ્યાર્થીઓએ વિવિધ વન્યજીવો જેવા કે નીલગાય, ચિંકારા, હનાહન, શિયાળ ઉપરાંત પક્ષીઓ જેવા કે સનબર્ડ,

પેરાકિન, વોટર હેનુ, બુલબુલ, શ્રાઈક, ભારતીય રોબિન્સ વગેરેને નિહાળી ઓળખવા પ્રયાસ કર્યો હતો. આ સાથે વિદ્યાર્થીઓએ રાત્રે ખુલ્લામાં સુવાનો, ગામઠી ભોજન જમવાનો અને પાણીના ધોધ વગેરેનો પણ રોમાંચ માણ્યો હતો.

Gandhinagar Samachar, (30-10-18)

SLXavier's Loyola, Ahmedabad	12	Navrachana HS, Ahmedabad	12
BHS-ONGC, Baroda	1	Shanti Asiatic, Bopal	1
BHS-Bagikhana, Baroda	2	Navrachana Vidyan, Baroda	2
Gyandeev HS, Sabarmati	3	Zydus, Godhavi	3
Banda HS, Alkapuri	4	Doer Betsco, Makarpura	4
St Xavier's, Hansol	5	Hiranani, Ahmedabad	5
AIS, Bodakdev	6	Zydus, Vajapur	6
Zydus, Vajapur	7	Anand Niketan, Shilaj	7
Hillwoods, Gandhinagar	8	AIS, Bodakdev	8

Times of India, (31-10-18)

એડવેન્ચર કેમ્પમાં સ્ટુડન્ટ્સે ટ્રેકિંગ અને પક્ષી નિરીક્ષણ, વનસ્પતિ વિશે માહિતી મેળવી એડવેન્ચર કમ નેચર સ્ટડી ટ્રીપનું આયોજન



અમદાવાદ : પી.ડી.પી.યુ. સ્કૂલ ઓફ લિબરલ સ્ટડીઝ દ્વારા ઓરિટ કોર્સ 2018ના ભાગરૂપે એક્સપોઝર ટુ એનસીસી પ્રોગ્રામ હેઠળ વિદ્યાર્થીઓ માટે એડવેન્ચર કમ નેચર સ્ટડી ટ્રીપનું આયોજન કરાયું હતું. જેમાં 460 વિદ્યાર્થીઓ ચાર ગ્રુપમાં વહેંચાયેલા હતા. બે દિવસના કાર્યક્રમમાં ટ્રેકિંગ, કેમ્પિંગ, પક્ષી નિરીક્ષણ, વનસ્પતિ અને પ્રાણીઓ વિશે જાણ્યું હતું. આ સાથે કાલેશ્વરી મંદિર જે એક ઐતિહાસિક સ્થળ છે તેની મુલાકાત પણ કરવામાં આવી હતી. ત્યાં 10થી 17મી સદીના સ્થાપત્ય છે. આ પ્રોગ્રામ દરમિયાન વિદ્યાર્થીઓએ અપૂર્વ, અઘરો અને પ્રેરણાદાયક સાહસ અનુભવ્યો હતો.

Divya Bhaskar, (02-11-18)



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